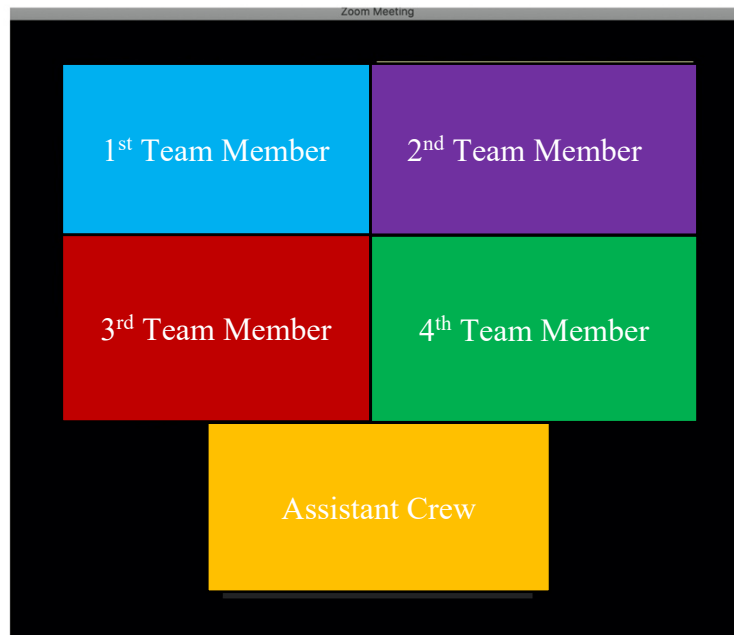


ECO-CHALLENGE 2021 TEAM VIDEO INSTRUCTIONS

Please make a 5-10 minute video of your 4 team members and the 1 assistant crew member.

FORMAT FOR TEAM VIDEO:

- All 5 members should download and use Zoom.
- All 5 members should join the same Zoom call and 1 person should record it.
- Make sure both the microphone and camera are working on your device.
- When recording, please keep the “view” set to “Gallery View” which can be found in the upper right hand corner. This way we can see all 5 members at one time and the video will record all 5 of you simultaneously. See example below.
(Please note that this order does not need to be followed but this is for your team to match the format we need.)



- Hit the “Record” button on the screen and make sure you select “Record on this Computer” so it will download to your computer.
- **SUBTITLES:** If any team members do not speak English, please add in English subtitles to the video **before** you email it to us.
- Once your team has answered all of the questions, please upload your video as UNLISTED to YouTube or Vimeo and email us the link.

TECHNICAL TIPS FOR MAKING YOUR VIDEO:

- Don't interview other people talking about your team.
- Make sure you have lots of energy!!
- When you are shooting indoors, turn on every light in the room before you begin and DO NOT film in front of a window.
- Don't film in front of any posters, paintings, photographs, sculptures, or any other copyrighted or trademarked material.
- Do not add music or have any music or other audio playing in the background.
- Don't wear any logos or clothing with copyrighted material (e.g., photos, graphics, etc.).
- Don't film in a setting with a lot of background noise - like near a busy street.
- Check your video before you send it in - make sure your team can be clearly seen and heard.

QUESTIONS TO COVER IN YOUR VIDEO. Each person should answer each question below. Please keep the answers as succinct as possible.

- Name, age, hometown and current city for all 5 team members
- Why THIS race? What is it about adventure racing that makes you want to do it? What creates your passion for it?
- Tell us something interesting about each of you; what is motivating you to do the race?
- What is your relationship to your other teammates? (i.e. - how did you meet, how long have you known each other, have you done anything like this before?) How would you describe them?
- How is your team different than all the other teams? What is unique about your team?
- What does it mean to come together as a group to race in Eco-Challenge?
- What is your goal for this race? (i.e. – would you just like to finish? Or do you think your team can win or make it to the podium?)

PLEASE UPLOAD YOUR COMPLETED SUBMISSION TO YOUTUBE OR VIMEO AS AN UNLISTED VIDEO AND THEN EMAIL A LINK TO YOUR TEAM VIDEO TO:

comprel@ecochallenge.com